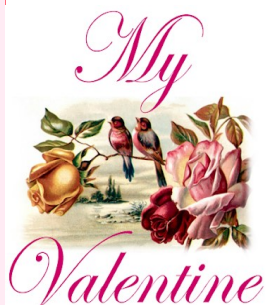
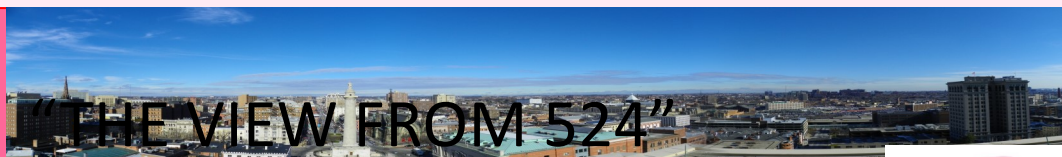


**SPECIAL POINTS OF INTEREST:**

- Upcoming Events
- Resident Service



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**From the Senior Manager, Joan Campbell, CPM**

Dear Residents,

Happy Valentines Day to everyone, I hope you have a very sweet month!

**COLD WEATHER**

We have had a very cold winter this month. A few things to keep you warm would be to keep your blinds closed to keep the heat in and layering your clothes. When going outside, remember to wear hat, scarf and gloves and thick socks to keep warm.

**RENT POLICY**

Rent is due and payable by the 1st of the month, after the 10<sup>th</sup> there is a 5% late fee charged to your account. Anyone that doesn't pay their rent by the 11<sup>th</sup> will be filed in court and will then need to pay additional court cost. Please pay your rent on time. If you know you are going to have a problem paying your rent by the 10<sup>th</sup>, please come to my office to speak to me about this, otherwise, I will be filing in court on the 11<sup>th</sup>. NO EXCEPTIONS

**NON-SMOKING POLICY**

We now have a non-smoking policy at the Front Entrance; you can smoke on the Centre Street Side of the building. I appreciate how everyone has followed our policy; it makes such a difference when walking in and out of the building. Thank you!

**CLOGGED DRAINS**

We are having some problems with residents putting food and other items down the kitchen drain, which is clogging up the main drain. Please do not put anything down your kitchen drain, it is creating a lot of back up problems in many units.

**TRASH CHUTE**

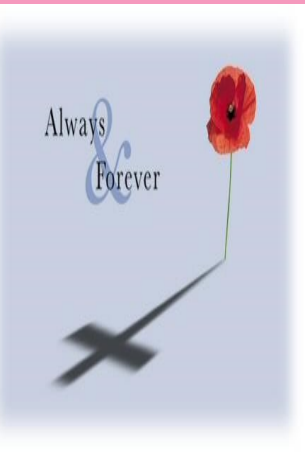
As stated in the Rules and Regulations, trash is not to be put down the trash chute after 10pm daily. Please be considerate of your neighbors and wait until the next day to take your trash to the trash room. Please do not leave the trash on the floor in the trash room.

Joan



WHAT'S HAPPENING

REMEMBRANCE



The Eating Together Program (ETP) is still going strong. You can get a well balance meal for \$1.25 Monday thru Thursday from 12:00 pm. To 12:30 pm. See Andre Knox to sign up.

ETP will be closed on Monday, February 17th for Presidents' Day. Get a menu and make your choices of meals.

Westminster House February monthly trip, we will be going to Hampton Mansion in Towson, Red Robin for lunch, Savers and the Dollar Tree. All for \$10.00. Lunch is on you.

The Hampton Mansion is an historic site. It preserves a remnant of the 18 century estate. Hampton is also the story of its people, as the estate evolved through the

action of the Ridgley family, enslaved African Americans, European indentured servants and paid laborers with a nation struggled to define its own concept of freedom.

Please see your Resident Service Coordinator and join us on our monthly trips. They are a lot of fun.



Centers for Disease Control and Prevention  
CDC 24/7: Saving Lives. Protecting People™

2019 Novel Coronavirus (2019-nCoV) is a virus (more specifically, a coronavirus) identified as the cause of an outbreak of respiratory illness first detected in Wuhan, China. Early on, many of the patients in the outbreak in Wuhan, China reportedly had some link to a large seafood and animal market, suggesting animal-to-person spread. However, a growing number of patients reportedly have not had exposure to animal markets, indicating person-to-person spread is occurring. At this time,

it's unclear how easily or sustainably this virus is spreading between people.

For confirmed 2019-nCoV infections, reported illnesses have ranged from people with little to no symptoms to people being severely ill and dying. Symptoms can include:

- Fever
  - Cough
  - Shortness of breath
- Coronaviruses are a large family of different species of

animals, including camels, cattle, cats, and bats. Rarely, animal coronaviruses can infect people and then spread between people such as with MERS, SARS, and now with 2019-nCoV.

While the immediate risk of this new virus to the American public is believed to be low at this time, everyone can do their part to help us respond to this emerging public health threat.

MAINTENANCE NEWS JEFFREY KNOX, SUPERVISOR

February is here and we are half way through the winter season. Issues with individual thermostats are being resolved as they arise. If you have any questions or concerns about the system in your apartment, ask Jeff Knox.

For those of you that may want to get rid of any unwanted items in your apartment, please contact maintenance for assistance. We will haul these items directly out of the building

for disposal without obstructing the trash rooms. What you may not know is that the trash chute has a curve in it. When you dispose of large or long items, you clog the chute which creates a problem. So please be mindful when placing items down the chute. If you have large items to dispose of, please contact maintenance and we will take care of it. And please remember :

1. that all trash must be placed in plastic bags before being placed into the trash chute;
2. when disposing of needles or pins, placed them a safe container such as



hard plastic or a can before throwing in the trash;  
3. place depends in a plastic bag before placing it in the trash room.

Don't forget, if you need a repair within your apartment, please contact the front desk personnel to have a maintenance request filled out. We will do our best to take care of these issues as soon as possible. Once again, thanks for your patience.



Jeff

# Resident Services, Sheila P. Alderman, Resident Services Coordinator

Many of you are aware who the Resident Service Coordinator is and what we do. For the new comers, I am the Resident Service Coordinator for Westminster House and my office is located right across from the laundry room.

## WHAT WE DO

The service coordinator position provides information and referrals to residents in a community who need supportive services to maintain self-sufficiency. Service coordinators typically have social work or human services education and experience. The work of service coordinators aids more than one million low-income seniors, individuals with special needs and families residing in affordable housing.

Service coordinators assist low-income seniors in identifying, locating and acquiring the services necessary for them to age in place in their own homes.

Service coordinators provide assistance and access to community-based supports, skills training and resources for low-income families to achieve self-sufficiency and economic independence.

## What are the benefits of a service coordinator

Coordinators connect you to :

- Assistance with Medical/ Prescription Cost
- Transportation
- Meals
- In Home Care
- Application For Benefits
- Insurance
- Counselling
- Advocacy
- Benefits Entitlement
- Conflict Resolution
- Crisis Intervention/Support
- Lease Education
- Social Service Issues
- Social Security Problems
- MVA Matters

And many more. Stop in and see what service I can link you to maintain your independence. you.

## 2020 Renter's Tax Credit Refund

*It's that time again. So get ready. If your yearly income falls within the limited range for one or 2 in a household, you may be eligible for a refund tax credit. My most recent conversation with the Dept of Tax Assessments advised me that applications should be available late February beginning March.*

*Listed are the items you will need to apply; and if needed, obtain copies of the need information from Jennifer. Please make sure you give Jennifer adequate time to obtain requested copies of or if you schedule an appointment with me, I will obtain the necessary papers from Jennifer on your behalf:*

1. 2019 Award letter, 1099, W2, or Income Statements
2. Last Lease Agreement
3. Social Security Card
4. Picture ID



Sheila

## RSC EVENTS

2/3	John Hopkins Study on Depression	2:00 pm
2/11	Md. Food Bank Distribution	3:00 pm
2/14	Monthly Trip	10:00 am
2/18	Nutrition Class	2:00 pm
2/21	Podiatry Visit	10:00 am
2/25	Balto. School of The Arts-Sankofa	2:00 pm
2/26	Ashes Distributed	1:00 pm
2/26	Hypertension Class	2:00 pm



## COMING ATTRACTION



Starting March 6 Living Well of Center Excellence will host a 6 weeks class on the Care for Diabetes at Westminster House. It's going to be very extensive, interesting and fun. Sign up in the Resident Service Coordinator's office today. Claim your seat.



### FEBRUARY'S BIRTHDAY CELEBRATION

Joseph Webb  
Roy Hairston  
Freddie Glover  
John Dungan  
Robert Green  
Ronald Krueger  
Marcia Russell  
Sharon Rice  
Geraldine Holley

Mary Gray  
Larry Wilson  
Rolf Engelhardt  
Jeanette Glover  
Charles Payne  
Eldgrige Branch  
Dorothy Williams  
John Wortham



**Westminster House Apartments**  
**524 N. Charles Street**  
**Baltimore, Maryland 21201**  
**(In Historic Mount Vernon)**

**Phone: 410-837-0180**

**Fax: 410-685-4991**

**Website:**

**[www.westminsterhouseapts.org](http://www.westminsterhouseapts.org)**

If your name is not listed above, please forgive us as we try to update our listing....we sincerely wish you have a very Happy Birthday. Also!!!, please advise us if you do not want your name included in future newsletters.

### SICK AND SHUT Ins

Please make sure you appeal to these individuals. For we are all members of Westminster House and we are family.

Compassionate condolences are extended to all the family and friends of those we lost recently.

### COMPLIANCE UPDATE, JENNIFER COCO

# Community Policy Review



We are having repeated issues with the following Rules that are not being followed. Please remember the front desk employees are enforcing the rules and are writing up incident reports when a rule is being violated.

#### Front Desk Services:



3. If you receive a package that is too large for your mailbox, a yellow sticker will be left on your mailbox asking you to pick up the package at the Front Desk. Reception personnel may also call to ask you to retrieve your package. Please pick it up as promptly as possible, as storage space is limited.

#### Lounge and Lobby Areas:

The lounge areas on the first floor are for use by residents, guests and visitors. It is our goal to maintain a high standard of cleanliness. For this reason, we ask you not to eat or drink in these areas. We would also remind you that the area across from the Front Desk is reserved for residents waiting for transportation and for visitors waiting to be interviewed, or seen by staff. Residents are asked to come to the lobby or lounge areas dressed appropriately. This means no pajamas, bath robes, bedroom slippers, bare feet, bare chest, undershirts or tank tops are to be worn in any public area of the building.



We would like to welcome our newest resident to Westminster House



Janis Baylis

-Jen Coco-