APRIL
2022
ISSUE



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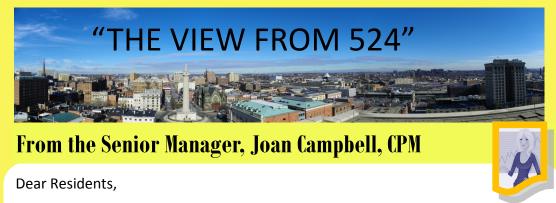
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Update



Please see Calendar Insert for Events & Programs



"Spring is proof that there is beauty in new beginnings."

Matshona Dhliwayo

The trees are blooming and flowers are sprouting. The gardens at Mount Vernon Square are beautiful. We are working on getting our Garden Area ready for Spring. Flowers will be coming soon.

Community Room and Library

The Community Room and Library are open and we hope you are enjoying using them. Masks are no longer required, but this may be subject to change based on infection rates.

Lobby and Outside Garden Area

To help keep our lobby and library clean, along with our garden (when the warmer weather arrives), we do not allow food or drinks in that area. Please do not block the garden entrance with chairs or walkers. It is important to keep part of the walk way clear for residents and guests who are coming and going from the building. There is plenty of space on the catwalk.

Laundry Carts

There are 3 carts in the laundry room for resident use. There is a new larger cart. The carts should not be removed from the laundry room. Please do not store your clothes in them for long periods of time. These carts are for the use of everyone. Thank you for your cooperation and understanding.

Overnight Passes

Please remember that the Policy for Overnight Guests is 10 Overnight Passes per Calendar Quarter. You must have your guest get an overnight pass at the Front Desk and you must be present with them when signing them in. Please explain to your guest that you are responsible for their actions while they are visiting the building. If your guest is staying past midnight, they should have an overnight pass. If you need an extension for any reason, it must be approved, in writing by the Compliance Office or Management.

Joan



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spring wordsearch







Maintenance News Jeffrey Knox, Supervisor

This is another reminder
Please DO NOT put your
hands, cane, feet, walker or
wheelchairs in the elevator
door to stop it once it begins
to close. If you push the
elevator up/down buttons
and the doors do not stop,
please wait for the next
elevator. Please do not use
your cane or other devises to
push the elevator buttons.

Spring is here and Summer is right around the corner.

We are preplanning the transition for the Air Conditioning switch (Mid May) in-order to minimize your discomfort. Please remember, as always, to keep a fan available for the transition. We have already had a few unseasonably warm days.

Please remember to call the Front Desk for work orders. Maintenance is not able to accept work orders when they are walking the hallway, or in the elevator.



Thanks J.Knox



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Resident Services, Mimi Kelly, Resident Services Coordinator

TRIPS

The Action in Maturity bus is reserved for Monday, April 11th. We will be going to the Southside Shopping Center. Details on departure time will be posted on the board. Cost is \$10.00. This shopping center is on Fort Ave in South Baltimore. The stores include: Shoppers Food Warehouse, Dollar Tree, Walgreens, McDonalds, and the Southside Diner, etc. So you can eat and shop on the same trip!

We will drive through Fort McHenry so you can see the beautiful fort and the water surrounding it. The views are magnificent of the outer harbor down to the Key Bridge. If the snowball stand is open on Fort Avenue, perhaps we can stop there.

Please note that this is the same day as the Maryland Food Bank. This is the only day that AIM had in April. If you want to go on the trip and need food, please ask a friend or neighbor to pick up your Food Bank items. A new trip will be scheduled in May.

WELLNESS MONITORING

Wellness Monitoring is a health care team owned and directed by physicians. Our nurse practitioner, Stephanie Sayers, CRNP, is here every Wednesday from 9-3. She has been on the 18th floor recently. She can work with you and your doctor to provide individual health consultation; at no cost to you.

A few of the services Ms. Sayers Offers are: to help you with your dietary needs, blood pressure concerns, medication education, ordering needed medical supplies (ie. walkers), prescription refills, etc.

She can also help plan your future wishes in case you are no able to do so; due to illness. We may have a seminar on advance directives. Ms. Sayers still has Covid vaccines and boosters. We need 10 people a session to schedule the vaccines or boosters. Please see me if you are interested.

Please visit the nurse to start an in house medical relationship and to eliminate unnecessary trips to the hospital.

2021 Renter's Tax Credit Refund

Applications or Renter's Tax Credit Refund have been in the mail. Eligible participants will need the following documents to file for a refund.

- 1. <u>2021</u> Award letter, 1099, W2, or Income Statement(s)
- 2. 2021 Lease Agreement
- 3. Social Security Card
- 4. Picture ID

Individuals who need assistance with completing their application can schedule an appointment with me in my office. Please make sure you give Jennifer adequate time to obtain requested copies of your paperwork or if you schedule an appointment with me, I will obtain the necessary papers from Jennifer on your behalf.





RSC UPCOMING EVENTS

4/11 Md. Food Bank 10:00 am Distribution

4/14 Easter Dinner Distribution RSVP by 4/9

Tuesdays-Walmart Trip Noon

Tuesdays-Balti-Market

Orders due 4:00 pm

Thursdays-Shoprite

Delivery Varies



Maryland Food Bank Pantry

This is located in my office. There are surplus canned goods, pastas and rice. I have pantry office hours posted but generally, if I am in my office, the store is open. Please bring your own bags. I appreciate the volunteers, Louis Hope, in particular, who helped set up the additional shelves

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APRIL'S BIRTHDAY CELEBRATION

Anthony Armstrong Jacqueline Gomez Richard Stanley Regina Barksdale Jonathan Jones Abdulmatin Muntageen Syvonne Reese Melvin Joyner

Todd Pearthree Wallace Roberts Deborah Brown Lynell Powell Michael Epps Louis Hope Lawrence Russell George Cookson



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www.westminsterhouseapts.com

If your name is not listed above, please forgive us as we try to update our listing....we sincerely wish you have a very Happy Birthday. Please advise us if you do not want your name included in future newsletters.

SICK AND SHUT INS

Please make sure you check in on these individuals. For we are all members of Westminster House and we are family.

Compassionate condolences are extended to all the family and friends of those we lost recently.

COMPLIANCE UPDATE, JENNIFER COCO

Emergency Contact Update?



EMERGENCY CONTACTS

It is very important that your Emergency Contact Information stays up to date. Have you changed who you would like us to contact? Did a phone number change?

Please remember to update the Compliance Office in the event of any change to your Emergency Contact Information. This includes if you would like to change who can access your apartment in the event that you are incapacitated. The Compliance Office will update the Front Desk and Resident Services.

Resident Services also has forms available to keep in your apartment that list pertinent information for your family in the event of an emergency; such as: doctors, power of attorney, bank, insurance and other contacts.

Jennifer Coco

