

SEPTEMBER
2025
ISSUE



From the Senior Manager, Jennifer Coco, ARM,

COS, BOS, TCS

Dear Residents,

Summer is coming to an end, and we hope that it takes the warm humid air with it. It sure did get hot in August. Summer breaks are ending, school is back in session, and mornings are cooling down. Fall is my favorite season, I hope it is kind to us, and lingers a while.

J&R MARKET UPDATE

Our on site convenience store is under new Management. Mr. Kevin has retired and the new Owner is Joshua Zaidi. The new store hours will be 9 AM to 5:00 PM. Please stop by and let Joshua know if there are items you would like to see added to the store.

GUESTS WITHOUT PROPER ID.

If you are expecting guests without proper government-issued photo ID, please remember that you are required to personally meet them and escort them back to your apartment. For everyone's safety and comfort, guests should not be unaccompanied or visit other apartments in the building.

HALLWAY RAILS

Please do not leave the trash in the handrails in the hallway. Tissues, candy wrappers, paper, etc. should all be disposed of in your apartment trash cans.

RENT PAYMENTS

Please remember that the rent drop box is located at the front desk. Your Name and Apartment Number should be on ALL payments. It is not necessary to bring your rent to the Management Office. All payments will be picked up, stamped and processed from the drop box. Please also pay attention to the new signs at the Drop Box. Rents that are written incorrectly may be returned to be re-issued.

GOING AWAY?

Remember when you leave overnight (or for an extended vacation). Please let the front desk know how long you expect to be gone. Please also remember to let them know when you get home; or return from the hospital.

Coco



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Please see
Calendar
Insert for
Events &
Programs



SEPTEMBER 2025

Frank Maddox-Bey
Gregory Goeller
Warren Snowden
Gary Mitchell
James Gillard

Rodney Sykes
Edward Richards
PierAngela Ford
Stanley Diggs
Jamal Booker

Dwight Woodfolk

Sylvester Brady
Deborah Hawthorne
Peter Ferguson
Larry Perkins
Christopher Larry
Angleo LePore



Westminster House Apartments
524 N. Charles Street
Baltimore, Maryland 21201
(In Historic Mount Vernon)

Phone: 410-837-0180

Fax: 410-644-4575

Website:

www.westminsterhouseapts.co

If your name is not listed above, please forgive us as we try to update our listing....we sincerely wish you have a very Happy Birthday. Also!!!, please advise us if you do not included in future newsletters.



COMPLIANCE UPDATE, *Annual Recertification!* ***It is that time of year.***

For all Recertifications due in JANUARY. We will be scheduling one half- hour time slots with each resident (we do not anticipate that it will take the whole time). You should have already received your letter with your appointment time, which we are going to schedule by floor. Please try to keep your appointment.

In-order to complete your recertification interview, we are asking that you provide the office with contact information for any new income/asset accounts since your last certification in January 2025.

The Affordable Housing Program requires that we annually recertify all household incomes and an annual recertification must be completed to continue occupancy in your apartment.

We appreciate everyone's cooperation and patience.

This Process **DOES NOT** include anyone that has already completed their annual recertification paperwork/lease renewal- these are **JANUARY only**.



Resident Services, Danielle Gonzalez, Resident Services Coordinator

BALTIMORE PARKS & REC BUS TRIP

Park's and Rec Department did not have a bus available for September. Please keep a look out for October's date.

Fire Drill & Safety Time!

It's that time of year again. So, stay safe and pay close attention during our Fall Fire Drill. Find a buddy on your floor. Don't forget to keep your space heater at a safe distance away from flammable items (clothes, papers, boxes, curtains...etc.)

Wellness Fair

Eagle Physical Therapy Services will be on site Tuesday 9/16/2025 at 1:30 PM to host a wellness fair.

Their services include:
Physical Therapy improve
Muscle and joint
pain/weakness.
Medication Management
Mental Health Counseling

Stop by to hear more about their

Smart Spending & Stretching Your Food Budget

As prices continue to rise, many of us are looking for ways to cut back on spending and make our budgets work harder—especially when it comes to groceries. With a little planning and creativity, you can stretch your dollars further while still preparing healthy, filling meals.

Plan ahead: Make a simple weekly menu and shopping list to avoid impulse buys.

Shop smart: Look for sales, use coupons, and consider store brands which are often just as good as name brands.

Limit waste: Use leftovers in creative ways—soups, stir-fries, or casseroles can give yesterday's meal a new life.

We also want to let residents know that Food Bank distribution items will see some changes in the coming months. This is due to rising costs and adjustments in available resources. While the variety of items may shift, we are committed to ensuring that distributions remain helpful and supportive to those who need them. Together, with some mindful choices and a little extra planning, we can all

Ages on Sept 8th
for the **ARTS**
Baltimore School of the Arts
is coming back for her
performing arts program.

9/08/2025 10:00 –11:00
The program will be held in
the **library**.

We welcome all residents
to come enjoy the
interactive multi-
generational activity



Participation Note

Thank you all for being open-minded about Westminster events. I am so happy that the number of attendees has consistently increased. I enjoy getting to know all of you. Remember fall is here and the weather is changing. Being a part of our community and engaging with others is a great way to avoid the "Winter Blues". Let's Fall into Fun!



RSC UPCOMING EVENTS

Monday September 8th
MD. Food Bank Distribution 2:00 pm

Tuesdays-Walmart Trip 11:00 am

Wednesdays— Grocery Orders due 1 – 3 pm

Friday September 12th Bingo 1:00 pm

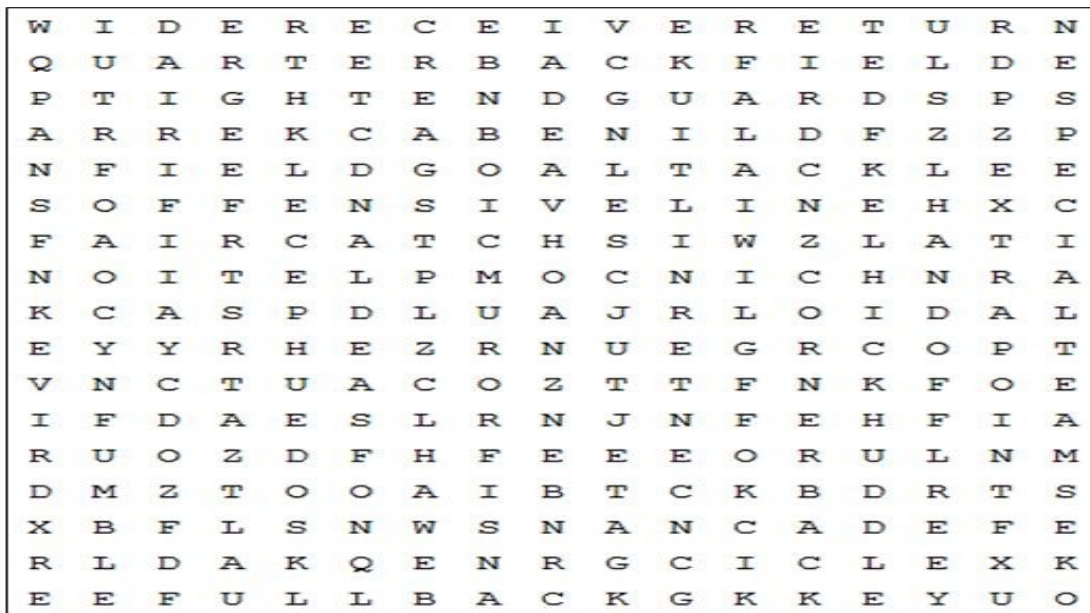
Friday September 19th Movie Time-1:00 pm

Friday September 26th— Spades 1:00 pm

Please pay attention for Special Event Flyers



Football Terms Word Search



BACKFIELD
CENTER
CORNERBACK
DOWN
DRIVE
END ZONE
EXTRA POINT
FAIR CATCH

FIELD GOAL
FULLBACK
FUMBLE
GUARD
HALFBACK
HAND OFF
HUDDLE
INCOMPLETION

INTERCEPTION
KICKOFF
LINEBACKER
OFFENSIVE LINE
PUNT
QUARTERBACK
RED ZONE
RETURN

RUSHING
SACK
SAFETY
SNAP
SPECIAL TEAMS
TACKLE
TIGHT END
WIDE RECEIVER

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Maintenance News Maurice Robinson Supervisor

Please remember that work orders submitted to the front desk after 2:00 PM will be handled the next business day. Please do not wait to submit "Emergency" work orders until 3:00 PM. Emergency work orders need to be reported as soon as possible. All work orders need to be submitted to the Front Desk. Maintenance will not accept work orders in the hallways.

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Please

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BAGGED and TIED before placed in the trash chute. Trash should not be left on the floor.