

September



2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		10:30 Chair Yoga 11:00 am- Walmart Trip 3:00 pm Bridgerton & Tea	1:00-3:00 pm Food Delivery Sign up 3:00 pm- Puzzle Time	10:00 am- Stroll & Socialize 10:30 am- Tai Chi 12:00 Piano with Chris 1pm Ask a Nurse 2:30 pm Crocheting with Sue		
6	7	8	9	10	11	12
	10:00 am- Stroll & Socialize 10:30 am- Chair Yoga 12:00 pm-Eating Together Monday-Thursday	10:30 Chair Yoga 11:00 am- Walmart Trip 3:00 pm Bridgerton & Tea	1:00-3:00 pm Food Delivery Sign up 3:00 pm- Puzzle Time	10:00 am- Stroll & Socialize 10:30 am- Tai Chi 1pm Ask a Nurse 2:30 pm Crocheting with Sue	1:00 pm Birthday Celebration	
13	14	15	16	17	18	19
Church Services 9:30 am-11:30 am	10:00 am- Stroll & Socialize 10:30 am- Chair Yoga 12:00 pm-Eating Together Monday- Thursday 2:00 pm- Food Bank Dist.	10:30 Chair Yoga 11:00 am- Walmart Trip 3:00 pm Bridgerton & Tea	1:00-3:00 pm Food Delivery Sign up 3:00 pm- Puzzle Time	10:00 am- Stroll & Socialize 10:30 am- Tai Chi 1pm Ask a Nurse 2:30 pm Crocheting with Sue	10:00 am- Bus Trip	
20	21	22	23	24	25	26
Church Services 9:30 am-11:30 am	10:00 am- Stroll & Socialize 10:30 am- Chair Yoga 12:00 pm-Eating Together Monday-Thursday	10:30 Chair Yoga 11:00 am- Walmart Trip 3:00 pm Bridgerton & Tea	1:00-3:00 pm Food Delivery Sign up 3:00 pm- Puzzle Time	10:00 am- Narcan Training 10:00 am- Stroll & Socialize 10:30 am- Tai Chi 1pm Ask a Nurse 2:30 pm Crocheting with Sue		
27	28	29	30			
Church Services 9:30 am-11:30 am	10:00 am- Stroll & Socialize 10:30 am- Chair Yoga 12:00 pm-Eating Together Monday-Thursday	10:30 Chair Yoga 11:00 am- Walmart Trip 3:00 pm Bridgerton & Tea	1:00-3:00 pm Food Delivery Sign up 3:00 pm- Puzzle Time			