

October



2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
	MEDICARE OPEN ENROLLMENT OCTOBER 15, 2026 THROUGH DECEMBER 7, 2026			10:00 am- Stroll & Socialize 10:30 am- Tai Chi 1:00 pm Ask a Nurse 2:30 pm Crocheting with Sue	1:00 pm- Professional Pharmacy Vaccine Clinic and Lunch & Learn Information Session	
4	5	6	7	8	9	10
Church Services 9:30 am-11:30 am	10:00 am- Stroll & Socialize 10:30 am- Chair Yoga 12:00 pm-Eating Together Monday-Thursday	10:30 Chair Yoga 11:00 am- Walmart Trip 3:00 pm Bridgerton & Tea	1:00-3:00 pm Food Delivery Sign up 3:00 pm- Puzzle Time	10:00 am- Stroll & Socialize 10:30 am- Tai Chi 1:00 pm Ask a Nurse 2:30 pm Crocheting with Sue	10:00 am- Bus Trip (pending City Confirmation)	
11	12	13	14	15	16	17
Church Services 9:30 am-11:30 am	Indigenous People Day- Offices Closed Food Bank rescheduled	10:30 Chair Yoga 11:00 am- Walmart Trip 3:00 pm Bridgerton & Tea	1:00-3:00 pm Food Delivery Sign up 3:00 pm- Puzzle Time	10:00 am- Stroll & Socialize 10:30 am- Tai Chi 1:00 pm Ask a Nurse 1:00 pm Jim Reily- Insurance 2:30 pm Crocheting with Sue	12:00 pm- Birthday Party & Flea Market	
18	19	20	21	22	23	24
Church Services 9:30 am-11:30 am	10:00 am- Stroll & Socialize 10:30 am- Chair Yoga 12:00 pm-Eating Together Monday-Thursday 2:00 pm- Ira Ford- Insurance	10:30 Chair Yoga 11:00 am- Walmart Trip 3:00 pm Bridgerton & Tea	1:00-3:00 pm Food Delivery Sign up 3:00 pm- Puzzle Time	10:00 am- Foot Health with Nurse Emilie 10:30 am- Tai Chi 1:00 pm Ask a Nurse 2:30 pm Crocheting with Sue		
25	26	27	28	29	30	31
Church Services 9:30 am-11:30 am	10:00 am- Stroll & Socialize 10:30 am- Chair Yoga 12:00 pm-Eating Together Monday- Thursday 2:00 pm- Food Bank Dist.	10:30 Chair Yoga 11:00 am- Walmart Trip 3:00 pm Bridgerton & Tea	1:00-3:00 pm Food Delivery Sign up 3:00 pm- Puzzle Time	10:00 am- Stroll & Socialize 10:30 am- Tai Chi 1:00 pm Ask a Nurse 2:30 pm Crocheting with Sue	1:00 pm- Bingo- Hosted by My Active Senior (There will be snacks!!)	